



## Our Health 5-19

The service aims to ensure children and young people aged five to 19 are offered a core programme of preventative provision with additional support and targeted intervention for those who need it. This may include providing additional information, advice and support to the families and carers of those young people receiving the service.

### What does the service offer?

The service will deliver the public health elements of the Healthy Child Programme alongside a targeted, time limited approach to children and young people who have suspected or identified health needs.

The service will achieve its aims by offering a mixture of community based services while maintaining a service offer to all schools and colleges. *The significant change is the extension of the existing service to age 19.*

### What will the service do?

- Review children's health records at age 5 following transfer from the Health Visitor; working with Health Visitors to ensure the seamless transfer of children who have additional needs and/or disabilities that embraces the continuum of care.
- Capture the health needs of children and young people on movement into the area by asking them to complete a health questionnaire
- Undertake height and weight measurement of all children in Reception and Year 6 through the National Childhood Measurement Programme.
- Run a "health" drop in once a week at each secondary school during term time for young people to ask questions and seek advice.

- Provide access to information and to support available for children and young people outside of school.
- Undertake a programme of age and health related contacts through questionnaires at Reception and Year 6 and a one to one appointment with all Year 10 pupils across Stoke on Trent to identify any physical or emotional health concerns and support the transition process.
- Support local schools in the provision of Personal, Social, Health Education sessions in both primary and secondary schools in the following areas: -

#### Primary Schools

- Oral Health
- Health Eating
- Growing Up

#### Secondary

- Y7 Changing Bodies (Body Image/Self Esteem)
- Y8 Contraception (Introduction to)
- Y8 Sexually Transmitted Infections
- Providing contact details to Sexual Health Services for additional requests if required
- Provide training to education staff that will support general health issues or complex health needs of children and young people at venues accessible to all settings
- Provide children and young people with a time limited health interventions with clear goals and expectations that are achievable and measurable.

- Provide individualised care plans for children with complex conditions where the templates provided by the Public Health Advisory Service do not meet the needs of the child or young person.
- Undertake Review Health Assessments for Looked After Children and Young People, including Care Leavers for the Stoke-on-Trent resident population and attend Statutory Reviews where this is deemed appropriate.
- Be involved with and support the safeguarding processes for children and young people where they are known to the service or have a suspected or identified health need which can be met by the service.

## Who will be my school nurse?

The service is set up to mirror the localities across Stoke-on-Trent (North, Central, South). Each locality will have a team made up of school nurses, public health advisors, support workers and administrative support who will all be the named staff for the area. Each team will be led by a school nurse.

The names of the staff allocated to each locality will be communicated to all education settings and uploaded onto the Partnership Trust website when this is known.

Each referral will be allocated to the person with the most suitable skills within the locality team to meet the need identified.

Where a child, young person or family is working with a particular school nurse at the present time we do not intend to change this unless absolutely necessary.

## What will happen to referrals? / Will I be contacted if no-one is available to discuss a case?

Each referral will be discussed and allocated to a member of the team through the allocations meeting. When a referral has been allocated to the most appropriate member of the team, contact will be made with the referrer and direct communication can take place via the locality office. Prior to this, contact should be made through the Central Access Hub telephone number.

## How do I contact the service?

A Central Access Hub will be based at Cobridge Community Health Centre will open from 12 October 2015 and all partners and other Trust services will be able to refer in.

**Telephone:** 0300 124 0362

**Email:**

[ourhealth.5-19@ssotp.nhs.uk](mailto:ourhealth.5-19@ssotp.nhs.uk) (*general queries*)  
[ourhealth5-19@nhs.net](mailto:ourhealth5-19@nhs.net) (*for person identifiable information*)

Please ensure that the whole form is completed, failure to do this will result in the form being returned.

**Locality bases:**(for existing and open cases only)

### North

Tunstall Primary Care Centre

Telephone: 0300 123 0995 (ext 4307/4308/4338)

### Central

Shelton Primary Care Centre

Telephone 0300 123 0995 (ext 2861/2867)

### South

Longton Health Centre

Telephone 0300 123 0995 (ext 4289/4290)